The National Institution of Social Care And Vocational Training

Lic No. 135/AD





Feb 1, 2021

From the social worker/ Layla El Jindawi/ Nahr el Bared center 0202

Dear Ingrid

Warm Greetings

First of all I would like assure that you, your family and beloved ones are doing well and staying safe. We are all facing difficult circumstances due to the spread of COVID 19.

Please accept my sincere thanks and gratitude for your continuous support to the social work program at BAS which has been influencing many refugee families in the Palestinian camps, your support and solidarity makes a huge difference for us.

I hereby send you a detailed report about my work with the families in Naher ElBared camp and all other activities I was involved in at our center in 2020

- Following up all letters among children and their sponsors.
- Preparing the annual report of the Family Happiness project activities in 2020.
- Coordinating the remedial class project in 2020.
- Following up the sponsorship in the Kindergarten.
- Meetings with the specialists in Family Guidance clinic in the center to discuss some cases and coordinating a treatment plan to be followed with the cases.
- <u>13 February 2020</u>: Meetings of institutions by the invitation of Nabee' Association and TDH / Italy to discuss some topics as the standardization of language, challenges facing education, and how to make plans to treat them.
- A coordination meeting at the UNRWA school with the Department of Academic Support in UNRWA to work on forming a committee to follow up the program and how to raise students' educational level

- March 16, 2020: A meeting with UNRWA, the popular committee, institutions, public movements, Palestinian factions and civil defense at the public committee center to discuss the ways to prevent the spread of the Corona virus and forming live centers in the camp to face this crisis.
- **<u>12 and 13 April 2020</u>**: Participating in distributing Voucher of food materials, with the support of Welfare Institution for 596 families in the camp.
- May 8 and June 23, 2020: Participating in distributing food materials donated by Islamic Releif, to the families who are sponsoring in the center and some Palestinian-Syrian families displaced from Syria and residing in the camp.
- May 13, 2020: visiting some charitable people during the holy month "Ramadan" to secure assistance and Eid clothes for some sponsoring children at the center.
- **7, 13 and 14 July 2020**: Participating in the distributing Voucher of detergents with the support of (UNDP) for the Palestinian-Syrian families displaced from Syria and the families who are sponsoring in the center.
- <u>August 5, 2020</u>: A solidarity meeting with those who are affected by Beirut explosion via social media programs that brought together institutions from Lebanon, Turkey, Jordan and America (University of Michigan).
- <u>August 8, 2020</u>: Participating in a meeting with the Advocacy Committee, the civil defense and the camp manager at Najdeh Social Association/Nahr el-Bared Center in order to develop a plan for how to deal with infected people in Coronavirus in the camp.
- <u>September 12 and 17</u>: Participating in distributing food materials provided by the France Palestinian Solidarity Association to 400 sponsoring families at the center, cancer and kidney patients and Palestinian families displaced from Syria.
- September 17, 2020: Participating in a social media activity to revive "Sabra and Shatila massacre" with the colleagues in all centers of BAS institution and with a committee of "Not to forget".
- October 28, 2020: Participating in a meeting to prepare and coordinate the project of psychosocial support for adolescents (distribution of tasks and roles to social workers) with the official of the Beddawi Center and the social workers in Family Happiness and Mental Health at Beddawi Center.
- During October and November 2020: Evaluating all sponsoring families at the Beddawi Center.
- Coordinating the project of psychosocial support for adolescents between 12 and 18 years, which included awareness sessions, psychological topics and transferred 50 cases to a mental health clinic to be followed-up by psychologists for three months (October November and December 2020).

- Filling out forms and conducting interviews with service providers in the BAS institution at Nahr el-Bared Center regarding the Coronavirus, the precautions taken, and how much the beneficiaries and service providers adhere to these procedures with Michigan University/America, and hold meetings and trainings on the subject through social media (online) during July, August, September, October and November 2020, in addition to preparing work plans and weekly programs for interviews and observations.
- <u>October 7, 2020</u>: Attending a meeting with the Director of UNRWA in Lebanon (John White Claudio) and Ms. Najat- the UN Humanitarian Coordinator- to discuss the economic, living, housing, education and health situation of people of Nahr el-Bared.
- October 21, 2020: A meeting with Ms. Yoshiko, director of the Japanese CCP Association, to discuss the economic conditions inside the camp and its impact on poor families and some services at the center (Activities project and Reports) via social media programs (Online).
- Coordinating the sports activity project for girls (25 girls from 12 to 18 years old) during December 2020, January, February and March 2021, and giving awareness, sports and educational sessions, in addition to playing football and table tennis.

Activity	Date	Number of participants	Place
Comics activity, national and social topics and reviving national events (Martyr's Day, Sabra and Shatila massacre, Tal al-Zaatar massacre, the Deal of Century)	Every Friday during 2020	15	NBC center
A play on Palestinian Martyr's Day	12 Jan.2020	50	NBC center
Training on ping pong	During 2020	25	NBC center
Participating in programed sessions within MHPSS (I deal, she deal, little deal, life skills, Awareness sessions, equality and safety)	During 2020	175	NBC center
Music project	During 2020	45	NBC center
Preparing cards in Mother's Day by sponsored children in the center	14 Feb.2020	35	NBC center
A sports meeting that brought together the two (girls) teams from BAS Club and the Palestine Youth for Football Club, and then	16 Feb.2020	10	NBC center + a playground

* <u>The implemented activities with sponsored children during 2020:</u>

having a lunch together.			in the camp
Preparing entertaining and purposeful games cards for children designed by animators to be used in sessions via social media (online) due to home quarantine	April 2020	60	Online
Visiting graves in the occasion of Eid Al Fitr	22 May.2020	60	NBC center
Handicrafts (making wreaths and kites) on the occasion of Eid Al Fitr	22 May.2020	35	NBC center
Drawing competition (Covid 19) supported by UNICEF	14-30 Jul.2020	150	NBC/ children's houses
Awareness sessions within the UNDP psychosocial support project for adolescents (psychological stress, stress and the brain, self-development, early marriage, relaxation)	During October, November, December 2020	38	NBC center
Awareness sessions during the sports activity for girls in Nahr el-Bared Center (sports, national, entertainment, educational topics and various games,) and implementation of sports games on the playground (exercises, football and tennis)	During October, November, December 2020	25	NBC center
Comics and preparing awareness stories about Corona (How do I protect myself from Corona virus - the institution's role during the home quarantine)	13.Dec.2020	14	NBC center

* The implemented activities with parents during 2020:

Activity	Date	Number of participants	Place
Stress reduction	7 Jan.2020	11 mothers	NBC center
Skills of raising children	8 Jan.2020	10 mothers	NBC center
Reviving Martyr's Day	12 Jan.2020	100 mothers and children	NBC center
Family exhaustion	14 Jan.2020	19 mothers	NBC center
Spending time with children and playing	4 Feb.2020	16 mothers	NBC center

10 Eeb 2020 50 moth		NBC center	
10160.2020	Jumothers	NDC CEnter	
E May 2020	9 mothors	NBC center/	
5 Way.2020	omothers	online	
7.10 May 2020	Creathara	NBC center/	
7-16 May.2020	6 mothers	online	
		NBC center/	
10 May.2020	2 mothers		
		online	
14 May.2020	8 mothers	NBC center/	
		online	
24 2020	NBC	NBC center/	
3 Jun.2020	3 mothers	online	
12 km 2020	NBC cer	NBC center/	
12 Jun.2020	3 mothers	online	
14,18,19,20			
	46 mothers	NBC center/	
8,9,11 Oct.2020		online	
		NBC center/	
· •	12 mothers	online	
	14 May.2020 3 Jun.2020 12 Jun.2020 14,18,19,20 Aug.2020	5 May.2020 8 mothers 7-16 May.2020 6 mothers 10 May.2020 2 mothers 14 May.2020 8 mothers 3 Jun.2020 3 mothers 12 Jun.2020 3 mothers 14,18,19,20 46 mothers 8,9,11 Oct.2020 12 mothers 18,21 Sep.2020 12 mothers	

Trainings and workshops during 2020:

- **<u>2-6 Jan. 2020</u>**: TOT about stress and tensions (Nina Lintinin, Syrba Bartinin and Marco Indiline)
- <u>6,7,8 Jul.2020</u>: Online training about Interview techniques at Michigan University.
- July 10, 2020: Training with Islamic Relief on "complaint mechanism, protection, reporting offenses, protection from sexual abuse, child protection policy, media visibility".
- July 16, 2020: Online training on "Applying Interview Form" with Michigan University.
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- **August 17, 2020**: Online training on "Interview and observation techniques" at Michigan University.
- <u>7, 21 and 28 November 2020 and 21 December 2020</u>: TOT Training on "Stress Reduction" in Beirut/Mar Elias center with Finnish group.

With our best regards